

FRIDAY, OCTOBER 21, 2022



Time	Session	Speaker
8:00 – 9:00 Breakfast	Enjoy the slideshow from colleges around Saskatchewan while you start your day!  ● Thank you to Mackenzie Kleiboer for coordinating this once again. ⑤	
8:30 - 9:15	<ul> <li>Welcome -         <ul> <li>Introduction of the SABEA Executive committee</li> <li>Introduction of our special guest Elder Rick Dan</li> </ul> </li> <li>Opening Prayer -         <ul> <li>Elder Rick Daniels</li> </ul> </li> <li>Land Acknowledgment-         <ul> <li>Wendy Eddy</li> </ul> </li> <li>-Welcome to SABEA 2022 and Morning Draw-         <ul> <li>Kristal Hill</li> </ul> </li> <li>-Teacher Tales: Surviving Covid-         <ul> <li>Mackenzie will showcase the submissions received</li> </ul> </li> </ul>	niels
9:15-9:35	-Annual General Meeting-  • AGM Minutes - Phaedra Hitchings  • Executive positions available	
9:35 - 9:45 Refresher Break	Get joyful and move with Gurdeep Pander  Joy and Positivity (2 min.)  Coffee break	
9:45 – 11:15	Life-changing Mental Health Conversations  Allan is one of Canada's most sought-after speakers when it comes to the topic of mental health and wellness. He has stood on more than 500 stages and is recognized for his engaging style and captivating approach. Having persevered through his own mental health issues and addictions, Allan speaks from a place of experience.	FULL GROUP SESSION  How one teacher can change a student's life in 10 minutes  Identify barriers that prevent students from seeking help Shatter the stigma and stereotypes associated with mental illness Recognize and support students who appear to be in distress Strengthen connections through the Who Am I wheel



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11:15 - 11:30	Hotel room check out	
11:15 - 12:15 Don't miss out!	YQR Photo Booths – so much fun!	
11:30 - 12:15	Lunch & Natural Networking Tables  Find your natural networks.  ©	
12:15 - 1:30 Michelangelo Room	Group Session Leaders: Puja Sharma and Jennifer Clark  Adult Basic Education Redesign  Puja Sharma is the Director of Program Innovation & Improvement - Ministry of Immigration and Career Training  Jennifer Clark is the Executive Director - Ministry of Immigration and Career Training	FULL GROUP SESSION  Puja and Jennifer will share the rationale and approach to reviewing and redesigning ABE.  They will gather information, perspectives, opinions, and ideas on the key areas of the ABE program being considered for design through focus group discussions.
1:30 - 1:45	Coffee Break	
1:45 – 3:00	Afternoon – breakout sessions	
Florence Room	A: Session Leader: <u>Dawn Horner-Wilson MC, CCC</u> Running On Empty: Compassion Fatigue and Self Compassion  A theme of self-care and self-compassion will run throughout the presentation.	Compassion fatigue is very common in all front-line helping positions and if ignored or left untreated, can lead to burnout. This session will look at what duties an Adult Education teacher has and how the nature of the job has changed, especially coming out of Covid.



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### SABEA's 2022 Conference has been sponsored by Saskatchewan



Shakespeare Room

B: Session Leader: Phaedra Hitchings

Phaedra is the Executive Director and Clear Language Specialist at the Saskatchewan Literacy Network

Let's Make it Clear: Clear Language and **Inclusive Graphic Design to Support Learner Understanding** 

> Questions are welcome! You can bring something you're working on, too.

Have you ever been tempted to make the margins smaller, just so everything fits on one page? Have you ever had learners say they "couldn't find" the information you definitely put into the document?

This workshop shows us how organizing information and words will help us share the important things we want learners to know. We will include tips for print and for online, including social media.

Venice Room

C: Session Leader: Reagan Olson

Reagan is the LAE Program Head at Polytechnic.

Essential Skills Development- Skilling Up

The Essential Skills Program is a new program offered by Saskatchewan Polytechnic.

Many adults attend ABE programs to improve skills to open up new employment opportunities. Historically, literacy programming has focused on eradicating illiteracy among adults by developing basic literacy skills such as communication, numeracy, lifelong learning, and interpersonal skills.

In-demand soft skills are needed for people to attain and maintain employment. Soft skills (federally known as Skills for Success) are generally transferable between different jobs and across industries.

According to the Saskatchewan Industry Labour Demand Outlook 2019-2023, the most common soft skills across major industries by Canadian employers included being a team player, flexibility, and reliability.

How are ABE programs adapting to facilitate students as they upskill to prepare for today's evolving labour market?

3:00-3:15

**Coffee Break** 

3:15-3:45

Michelangelo Room

**Contest: Teacher Tales - Cast your vote!** Spin the Wheel - prize giveaways



Thank you for joining us. Travel safe everyone.

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Notes		